

Australasian College of Massage and Myotherapy

SHBBSPA008 - PROVIDE INDIAN HEAD MASSAGES FOR RELAXATION RTO NO: 53004

# What is covered?

This unit describes the performance outcomes, skills and knowledge required to provide Indian head massage as part of a spa program. It requires the ability to consult with clients, plan massage routine and massage arms, neck, shoulders, scalp and face. Indian head massage can be an individual treatment or form part of a series of treatments. This unit applies to beauty and spa therapists who work in day, destination and resort spas, and beauty salons. In this environment they operate with some level of autonomy or under limited supervision. The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice. No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

### Duration

4 Weeks (one day per week)

### **Provided by the RTO**

To support your studies, we will provide:

- An online interactive digital platform with all the learning resources.
- Issuance of certification documentation upon successful completion.
- Ongoing support and help (please check on our website for specificity).
- Research database to conduct research for assignments.

### Any new information for the student

For more information, please read through the student handbook. Students must be aged 18 or older.

#### Location

3/31 Fortune Street Narrogin WA 6312

### Course Fee

\$2000

(No additional fees. Please refer to our refund policy found in your enrolment form for further details).

### Additional Resources

Students need to purchase a uniform. (\$69.50) Internet and a computer are required for this course. Students will need to purchase the required textbooks. Students can purchase optional kits including:

• Massage kit (\$550) The kit's will be beneficial for at-home practice.

#### **Mode of Assessment**

The delivery of the course will be blended learning. The theory will be delivered online. You will have a designated lecturer assigned to assist you. The practical components will be delivered on campus. The on-campus training will be annouced closer to the time. The 5 practical hours are to be completed in the student clinic. Please contact your lecturer to find a regular time for you to come in for your clinic hours. The hours are dependent on the clinic opening hours. The hours can only be completed once you have passed the unit of competency for that unit.



Website: xxxx



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## **Course Description**

This course includes a combination of self-study and a classroom using a simulated environment.

### **Overview**

This course covers the following

SHBBSPA008 Provide Indian head massages for relaxation

# **Knowledge Evidence/ Performance**

### **Evidence**

Use the unit / qualification as a guide.

# **Recognition of Prior Learning**

All individual students are offered the opportunity to apply for RPL, please see the Student Handbook or enquire at the RTO for the procedure on how to apply.

# **Selection Criteria**

Our course requires that you:

- Have required kit's.
- Access and ability to use a computer.
- Have a computer and stable internet.
- Be fit and healthy to perform the practical components.
- Aged 18 years or older.
- Completion of WACE General or ATAR
  (Minimum C Grades) or equivalent
- An LLN quiz will need to be completed prior to enrolling.