

# Australasian College of Massage and Myotherapy

# HLTREF002 - PROVIDE REFLEXOLOGY FOR RELAXATION RTO NO: 53004

# What is covered in the course?

This unit describes the skills and knowledge required to gather client information, prepare equipment for reflexology, make observations of the feet and then select and use basic reflexology techniques and sequences based on information and observations. This unit applies to individuals who provide reflexology relaxation sessions either as part of their work as a dedicated reflexologist or in conjunction with other treatment modalities. It does not include reflexology for therapeutic purposes. The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

#### **Duration**

6 Weeks (one day per week)

#### **Provided by the RTO**

To support your studies, we will provide:

- An online interactive digital platform with all the learning resources.
- Issuance of certification documentation upon successful completion.
- Ongoing support and help (please check on our website for specificity).
- Research database to conduct research for assignments.

#### Any new information for the student

For more information, please read through the student handbook. Students must be aged 18 or older.

#### Location

3/31 Fortune Street Narrogin WA 6312

#### **Course Fee**

\$2000 (No additional fees. Please refer to our refund policy found in your enrolment form for further details).

#### **Additional Resources**

Students need to purchase a uniform. (\$69.50) Internet and a computer are required for this course. Students will need to purchase the required textbooks. Students can purchase optional kits including:

• Massage Kit (\$550)

The kit's will be beneficial for at-home practice.

#### **Mode of Assessment**

The delivery of the course will be blended learning. The theory will be delivered online. You will have a designated lecturer assigned to assist you. The practical components will be delivered on campus. The on-campus training will be annouced closer to the time. The 4 practical hours are to be completed in the student clinic. The hours can only be completed once you have passed the unit of competency for that unit.



Website: xxxx



# Australasian College of Massage and Myotherapy

#### **Course Description**

This course includes a combination of self-study and a classroom using a simulated environment.

#### **Overview**

This course covers the following

HLTREF002	Provide reflexology for relaxation

## SHLTREF002 - PROVIDE REFLEXOLOGY FOR RELAXATION RTO NO: 53004

## **Knowledge Evidence/ Performance**

**Evidence** 

Use the unit / qualification as a guide.

## **Recognition of Prior Learning**

All individual students are offered the opportunity to apply for RPL, please see the Student Handbook or enquire at the RTO for the procedure on how to apply.

### **Selection Criteria**

Our course requires that you:

- Have required kit's.
- Access and ability to use a computer.
- Have a computer and stable internet.
- Be fit and healthy to perform the practical components.
- Aged 18 years or older.
- Completion of WACE General or ATAR
  (Minimum C Grades) or equivalent
- An LLN quiz will need to be completed prior to enrolling.